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New Book Offers Hope to Grieving Parents: How One Mom Dealt with Daughter's Death and Honored Her Memory Through #OrganDonation

New Book Shares Tips on How to Deal with Grief after Tragic Loss and Find Joy in Helping Others

March 21, 2016, Warwick, MA. -- Families who have lost a loved one can find hope and inspiration from Marcy Robitaille, who recounts the story of the tragic and sudden passing of her 17-year-old daughter, Makenzie Goode, in a car accident.

[Marcy Robitaille](#), a faith-sharing Mom and author of the new book, *Wish You a Goode Journey – Living with Eyes and Heart Wide Open*, shares a collection of stories about hope, faith, love after tragedy, and her family's decision to donate their daughter's organs. Through the emotional roller coaster of letting go, Marcy illustrates how pain can transition to joy and change lives for the better.

"Kenzie inspired me to write this book, and I was carried through the toughest times by my faith," Robitaille said. "I'm blessed that she lives on through others. She lets me know through what I call God winks that she is still around. God winks are these funny little affirmations that show me she's still at my side, like finding a Chinese fortune pasted to my mirror with the message, 'Wish You a Good Journey.' That was Kenzie, reaching out directly to me."

In Robitaille's blog, [A God Wink](#), the memory of her daughter Makenzie is kept alive to inspire others and to help reinforce their faith as she shares surprising signs from above. "Through the grace of God I have been blessed and transformed," she said. "I can now share these lessons with those who need to change sadness into joy."

Robitaille recommends these 5 (five) tips to transition from loss and live life again:

1. **Be kind and gentle to yourself.** "You are unique, unlike anyone else, so accept that your grief will be unique too," she said.
2. **Focus on being positive and do something to honor your loved one's memory.** "It can be as big as establishing a scholarship, becoming a voice for a cause, or as simple and meaningful as creating a scrapbook in their honor."
3. **Create your own therapy sessions by journaling your thoughts regularly.** "It's amazing how healing evolves as you put your most private thoughts and feelings on paper," she said.

4. **Give back. Volunteer or just reach out.** “By creating your own ripple in the world, you’ll be blessed beyond measure.”
5. **Allow faith to transform you and fuel your purpose.** “When you’re open to receive, you’ll find the treasures and blessings.”

"Wish You a Goode Journey – Living with Eyes and Heart Wide Open" (Xulon Press, Inc. 2016, ISBN 978-1-4984-6468-0 \$16.99) is available in paperback and ebook online at [Amazon](https://www.amazon.com) and also [Barnes and Noble](https://www.barnesandnoble.com).

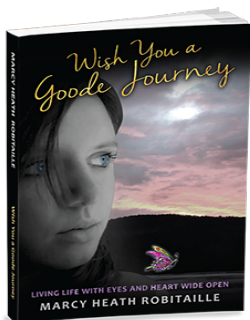
For questions about bulk orders or the author's speaking availability, contact Marcy Robitaille at Marcy@AGodWink.com or call (978)-544-5858.

About the Author:



Marcy Heath Robitaille is a heart-baring, faith-sharing Mom and advocate for her daughter’s memorial scholarship. She serves as a volunteer for New England Organ Bank and Donate Life. In supporting missions, she sponsors two children in Kenya and Haiti through Compassion International and Love in Motion bringing hope through these ministries. An outdoor enthusiast who enjoys kayaking, bicycling and hiking, Marcy lives simply and quietly in western Massachusetts with her husband Bob, and two Cairn Terriers, Grace and Lily. Robitaille says, “Kenzie talks to her daily through God winks, subtle messages from above.”

About the Book:



“Wish You a Goode Journey –Living with Eyes and Heart Wide Open” (Xulon Press, Inc., 2016, ISBN #978-1-4984-6468-0 \$ 16.99) by Marcy Robitaille is a collection of stories about a journey of grief, hope, and healing after losing her 17-year-old daughter in a tragic accident. Her book is for anyone who wants inspiration about following her path to connect with the power of God after loss and to cherish a loved one’s memory.

Review Copies and Media Interviews:

For a review copy of "Wish You a Goode Journey – Living with Eyes and Heart Wide Open" or an interview with Marcy Robitaille, contact the author at (978) 544-5858 or Marcy@AGodWink.com. When requesting a review copy, please provide street address. If you would like to receive this information as a Word document, let us know.

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